



2024-2025 SCHEDULE

Academy Classes
Available to all students

Combo Dance Class
Hip Hop
Cheer
Tap
Creative Movement
Ballet
Tumbling
Adult & Drop In Classes

Company Teams
* By Audition Only

* Mighty Squad
* Vibe Prime
* Pulse Prime
* Energy Prime
* Adrenaline Prime
* Wonder Elite
* Supreme Elite
* Triple Threat Elite
* Dominate Elite
* Hip Hop Crews

MONDAY									
	Studio A	Teacher	Studio B	Teacher	Studio C	Teacher	Studio D	Teacher	
3:15 PM							3:15 PM Int. Hip Hop: Ages 11+	Kenzie	3:15 PM
3:30 PM							60 Minutes		3:30 PM
3:45 PM							Winter & Spring Academy Recitals		3:45 PM
4:00 PM							4:15 PM * Adrenaline Prime	Kenzie/ Karlee	4:00 PM
4:15 PM	4:15 PM * Energy Prime	Sydney/ Karlee	4:15 PM * Wonder Elite	Kenzie/ Sydney					4:15 PM
4:30 PM									4:30 PM
4:45 PM									4:45 PM
5:00 PM									5:00 PM
5:15 PM					5:15 PM Ballet: Ages 3-4	Alyssa			5:15 PM
5:30 PM					60 Minutes				5:30 PM
5:45 PM					Winter & Spring Academy Recitals				5:45 PM
6:00 PM					6:15 PM Ballet: Ages 5-7	Alyssa			6:00 PM
6:15 PM					60 Minutes				6:15 PM
6:30 PM					Winter & Spring Academy Recitals				6:30 PM
6:45 PM					7:15 PM Ballet: Ages 8+	Alyssa			6:45 PM
7:00 PM					60 Minutes				7:00 PM
7:15 PM	7:15 PM Int. Hip Hop: Ages 8-10	Sydney	7:15 PM 6-8 Intermediate Dance	Karlee	Winter & Spring Academy Recitals		7:15 PM * Volt Hip Hop Crew	Kenzie	7:15 PM
7:30 PM	60 Minutes		60 Minutes		Winter & Spring Academy Recitals		60 Minutes		7:30 PM
7:45 PM	Winter & Spring Academy Recitals		Winter & Spring Academy Recitals				Spring Company Showcase		7:45 PM
8:00 PM									8:00 PM
8:15 PM	8:15 PM		8:15 PM		8:15 PM		8:15 PM		8:15 PM
TUESDAY									
	Studio A	Teacher	Studio B	Teacher	Studio C	Teacher	Studio D	Teacher	
11:15 AM	11:15 AM Creative Movement: Ages 2-3	Jenie/ Cherry							11:15 AM
11:30 AM	45 Minutes								11:30 AM
11:45 AM	In House Showcase								11:45 AM
12:00 PM	12:00 PM 3-4 Beginning Dance A	Jenie/ Cherry							12:00 PM
12:15 PM	60 Minutes								12:15 PM
12:30 PM	Winter & Spring Academy Recitals								12:30 PM
1:00 PM	1:15 PM 4-5 Beginning Dance A	Jenie/ Cherry					1:15 PM Beg. Tumbling: Ages 3-5 (Level 1)	Kenzie	1:00 PM
1:15 PM	60 Minutes						60 Minutes		1:15 PM
1:30 PM	Winter & Spring Academy Recitals						In House Showcase		1:30 PM
1:45 PM							2:15 PM		1:45 PM
2:00 PM							4:00 PM * Electric Hip Hop Crew	Sydney	2:00 PM
2:15 PM	2:15 PM						60 Minutes		2:15 PM
4:00 PM	4:00 PM Beg. Hip Hop: Ages 8+	Kenzie	4:00 PM * Supreme Elite	Alyson/ Karlee/ Heather H./ Kenzie	4:00 PM 5-7 Beginning Dance A	Karlee	Spring Company Showcase		4:00 PM
4:15 PM	60 Minutes				60 Minutes				4:15 PM
4:30 PM	Winter & Spring Academy Recitals				Winter & Spring Academy Recitals				4:30 PM
4:45 PM									4:45 PM
5:00 PM	5:00 PM 5-7 Beginning Dance B	Sydney			5:00 PM * Triple Threat Elite	Alyson/ Sydney/ Heather H./ Kenzie	5:00 PM * Dominate Elite	Heather H./ Kenzie/ Alyson/ Sydney	5:00 PM
5:15 PM	60 Minutes						60 Minutes		5:15 PM
5:30 PM	Winter & Spring Academy Recitals						Spring Company Showcase		5:30 PM
5:45 PM									5:45 PM
6:00 PM	6:00 PM 3-4 Beginning Dance B	Karlee							6:00 PM
6:15 PM	60 Minutes								6:15 PM
6:30 PM	Winter & Spring Academy Recitals								6:30 PM
6:45 PM									6:45 PM
7:00 PM	7:00 PM Beg. Hip Hop: Ages 5-7	Karlee	7:00 PM Adult Tap	Spot					7:00 PM
7:15 PM	60 Minutes								7:15 PM
7:30 PM	Winter & Spring Academy Recitals								7:30 PM
7:45 PM									7:45 PM
8:00 PM	8:00 PM		8:00 PM		8:00 PM		8:00 PM		8:00 PM
WEDNESDAY									
	Studio A	Teacher	Studio B	Teacher	Studio C	Teacher	Studio D	Teacher	
3:30 PM			3:30 PM 12+ Intermediate Dance	Kenzie					3:30 PM
3:45 PM			60 Minutes						3:45 PM
4:00 PM	4:00 PM * Mighty Squad	Jen	Winter & Spring Academy Recitals				4:30 PM Beg. Tumbling A: Ages 5-8 (Level 1)	Kenzie	4:00 PM
4:15 PM			4:30 PM Cheer: Ages 6-8	Lulu	4:30 PM 4-5 Beginning Dance B	Sydney	60 Minutes		4:15 PM
4:30 PM			60 Minutes		60 Minutes		In House Showcase		4:30 PM
4:45 PM			Winter & Spring Academy Recitals		Winter & Spring Academy Recitals				4:45 PM
5:00 PM			5:30 PM * Pulse Prime	Sydney/ Lulu	5:30 PM		5:30 PM Beg./Int. Tumbling (Level 2)	Kenzie	5:00 PM
5:15 PM	5:30 PM * Vibe Prime	Jen/ Lulu			5:45 PM Cheer: Ages 9+	Jen	60 Minutes		5:15 PM
5:30 PM					60 Minutes		In House Showcase		5:30 PM
5:45 PM					Winter & Spring Academy Recitals				5:45 PM
6:00 PM							6:30 PM Beg. Tumbling B: Ages 7+ (Level 1)	Kenzie	6:00 PM
6:15 PM							60 Minutes		6:15 PM
6:30 PM							In House Showcase		6:30 PM
6:45 PM									6:45 PM
7:00 PM					6:45 PM 9-11 Intermediate Dance	Sydney			7:00 PM
7:15 PM					60 Minutes				7:15 PM
7:30 PM					Winter & Spring Academy Recitals				7:30 PM
7:45 PM									7:45 PM
8:00 PM									8:00 PM
8:15 PM									8:15 PM
8:30 PM	8:30 PM		8:30 PM		8:00 PM				8:30 PM
THURSDAY									
	Studio A	Teacher	Studio B	Teacher	Studio C	Teacher	Studio D	Teacher	
3:45 PM	3:45 PM * Wonder Elite	Lulu Jen/ David			3:45 PM 6-8 Beginning Dance	Jen	3:45 PM * Company Ballet	David	3:45 PM
4:00 PM					60 Minutes		60 Minutes		4:00 PM
4:15 PM			4:15 PM * Triple Threat Elite	Karlee/ David/ Lulu	Winter & Spring Academy Recitals		Winter & Spring Academy Recitals		4:15 PM
4:30 PM			3.5 Hours						4:30 PM
4:45 PM			Spring Company Showcase						4:45 PM
5:00 PM			5:15 PM * Dominate Elite	David/ Jen/ Lulu	5:45 PM 7-9 Intermediate Dance	Lulu	4:45 PM * Supreme Elite	Jen/ Karlee/ David	5:00 PM
5:15 PM					60 Minutes				5:15 PM
5:30 PM					Winter & Spring Academy Recitals				5:30 PM
5:45 PM									5:45 PM
6:00 PM									6:00 PM
6:15 PM									6:15 PM
6:30 PM									6:30 PM
6:45 PM									6:45 PM
7:00 PM	6:45 PM				6:45 PM 9+ Beginning Dance	Karlee			7:00 PM
7:15 PM					60 Minutes				7:15 PM
7:30 PM					Winter & Spring Academy Recitals				7:30 PM
7:45 PM									7:45 PM
8:00 PM									8:00 PM
8:15 PM									8:15 PM
8:30 PM									8:30 PM
8:45 PM			8:45 PM		7:45 PM		8:15 PM		8:45 PM
FRIDAY									
	Studio A	Teacher							
3:30 PM	3:30 PM Choreography Class	Teacher Rotation							3:30 PM
3:45 PM	* Not weekly, check social media								3:45 PM
4:00 PM	60 Minutes								4:00 PM
4:15 PM	No Recital - Drop In Class								4:15 PM
4:30 PM	4:30 PM								4:30 PM

* Classes and Schedule are subject to change based on enrollment.